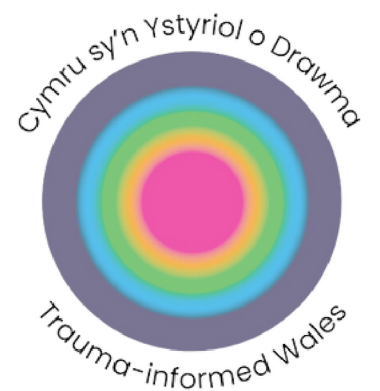
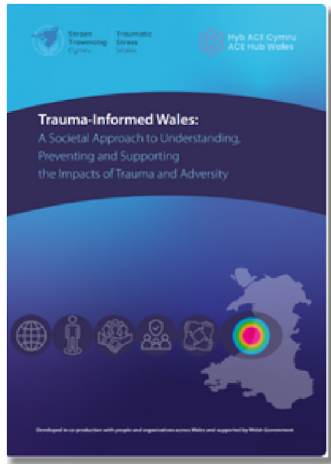


Trauma-Informed Wales: Co-Delivering a National Trauma-Informed Framework



Background

In July 2022, Wales launched a national Trauma-informed Framework 'Trauma-Informed Wales: A Societal Approach to Understanding, Preventing and Supporting the Impacts of Trauma and Adversity.' This **co-produced** all age, all of society Framework was developed by people and organisations across Wales and was supported by the Welsh Government. The Framework was **informed** by evidence, **advised** by an Expert Reference Group of professionals and by people with lived experience, and was **informed** by a 12 week public consultation. The Framework is now being implemented across Wales with the support and guidance of a national **Implementation Steering Group** co led by **ACE Hub Wales** and **Traumatic Stress Wales**.

The Principles

The Framework is underpinned by 5 Practice Principles:



This is the ethos of the Framework itself and how it should be implemented.

The Framework Implementation Plan – relational, compassionate, trauma-informed

Co-production and co-delivery, adhering to the principles and ethos that the Framework establishes, are at the heart of the implementation of the Trauma-Informed Framework. There is an Implementation Steering Group with members from across statutory and third sector organisations in Wales, and people with lived experience. In line with the relationship-focused principle, dedicated time has been allocated to foster and develop relationships within the steering group and understand how, within the group, we are always working in a trauma-informed way. This approach will be extended into the established work streams and sub-groups to ensure collaboration and inclusivity around the priorities.

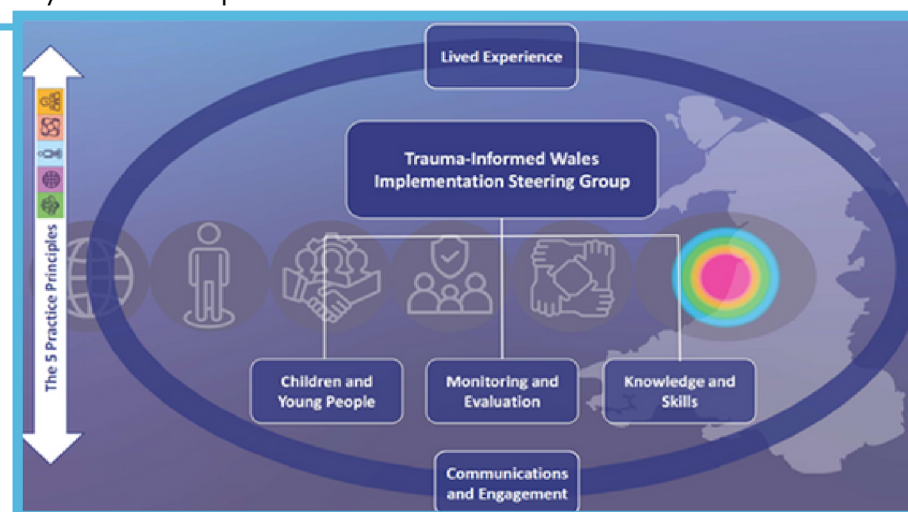
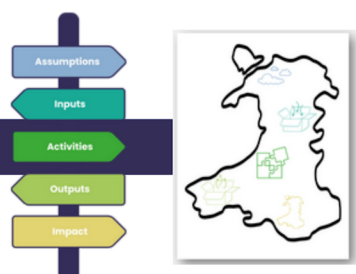
Bring the Framework to Life

For Wales to become a trauma-informed nation there needs to be more than an operating model, there needs to be a **social movement** that includes people, communities, organisations, sectors and systems.

A Wales where individuals, communities, and institutions are united in their commitment to understanding, preventing, and supporting the impact of trauma, creating a resilient and compassionate society.

There are a range of resources to support people and communities to get involved and help shape and inform our collective ambition.

People in services and communities across Wales have the opportunity to shape the vision and mission of the implementation through interactive 'roadmap' **community conversations**. Navigators support conversations around where we want to get to, and how we do that.



Starting a National Conversation



Scan for animation



The Framework provides the foundation from which to build a social movement that transforms society and tackles the inequalities that underpin the experiences of adversity, trauma and inequity of access to support when it is needed. This is about ensuring that everyone's voice is heard in communities across Wales, meeting wherever they are to include and share their views and stories in the environments in which they live, as equal partners. To start this conversation we have developed an animation to explain the aims and objectives of the Framework and the four practice levels.

TraumaFrameworkCymru.com

We have a bi-lingual website dedicated to the Framework which includes all our resources, and social media channels to promote the work.

Visit: www.traumaframeworkcymru.com
X/Twitter: @TF_Cymru

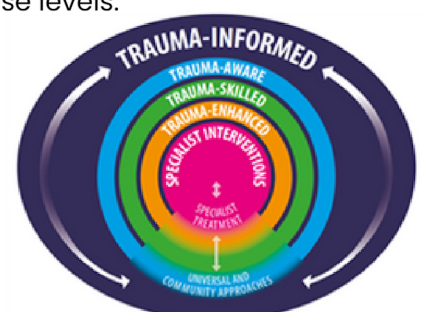
Community Summary:

This accessible version of the Framework is available in 13 languages. It includes visual case studies to illustrate the principles and practice levels that have been put in place.



Training Repository:

Following a 'Mapping and Gapping' research study the Framework offers a repository for training that aligns to the four practice levels of the Framework and exemplars of training are also available for each of these levels.



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Traumatic Stress Wales